



Lliswerry Runners

Newport's friendly running club.

2001 Results

Lliswerry 8 Mile Road Race - 28/01/2001

Pos	Name	Time	Cat	Pos	Club
1	Mark Cooper	41:44	MS	1	Clevedon A C
2	Mark Jennings	42:23	MS	2	Fairwater Runners
3	Paul Collins	43:14	MS	3	Bromsgrove and Reddich
4	Dave Kesterton	43:45	MS	4	Bromsgrove and Reddich
5	Philip Crane	44:03	MV40	1	Neath Harriers
6	Mike Evans	44:32	MS	5	T.R.O.T.S.
7	Alun Woods	44:50	MS	6	Brackla Harriers
8	Nicholas Frost	45:11	MV40	2	Rhondda Valley Runners
9	Ruth Pickvance	45:26	WS	1	Swansea Harriers
10	Jeff Russell	45:39	MV50	1	Club 69
11	Keith Davis	45:43	MS	7	Les Croupiers
12	Simon Lewis	45:54	MS	8	Club 69
13	I Jones	46:08	MS	9	Cardiff Triathletes
14	Andrew ?	46:44	MS	10	Islwyn R C
15	Dafydd Lambert	46:50	MS	11	Islwyn R C
16	Chris Meyer	47:17	MS	12	Beddau A C
17	Peter Collins	47:32	MS	13	Fairwater Runners

18 Keith Tannetta	47:39 MS	14 Cardiff Triathletes
19 Nigel Clements	47:46 MV40	3 Penarth & Dinas Runners
20 Richard Hughes	47:48 MS	15 U/A
21 Paul Hill	47:49 MS	16 Pegasus R C
22 Howard Mason	47:49 MS	17 U/A
23 Gary Jones	47:54 MV40	4 Islwyn R C
24 John Pedder Roberts	48:02 MS	18 Risca R R
25 Anthony Deving	48:07 MS	19 Club 69
26 Phil Miles	48:13 MV45	1 Club 69
27 Peter Walters	48:20 MV40	5 U/A
28 Steve Hooper	48:28 MS	20 Pontypridd AAC
29 Gerald Hunt	48:48 MS	21 Brackla Harriers
30 John Huggins	49:31 MV40	6 Les Croupiers
31 Craig Fowler	49:38 MS	22 Pontypridd Roadents
32 L Malarz	49:40 MS	23 Chepstow Harriers
33 Phil Adams	49:47 MS	24 100km Association
34 Phil Meyer	49:59 MV45	2 Beddau A C
35 Carl Feiven	50:05 MS	25 Brackla Harriers
36 Karl Jeffreys	50:07 MS	26 San Domenico
37 Mark Eager	50:26 MS	27 Fontygary Tri Club
38 Paolo Basini	50:31 MS	28 U/A
39 Robert Pearce	50:33 MS	29 Brackla Harriers
40 Mark Jones	50:34 MS	30 Pontypridd AAC
41 Richard Boon	50:46 MV40	7 Miskin Manor
42 Peter Rodger	50:56 MV40	8 Griffithstown Harriers
43 Andrew Spencer	51:17 MS	31 Griffithstown Harriers
44 Daran Hendley	51:27 MS	32 Penarth & Dinas Runners
45 Toni Fidow	51:37 MV45	3 Risca R R
46 Barry Morgan	51:40 MS	33 Fairwater Runners
47 Paul Chard	51:45 MS	34 Cardiff A C
48 Rhiannon Teagle	51:46 WS	2 Abertillery Ach.
49 Steve Corbett	51:50 MV50	2 Bitton R R
50 David Cogan	51:56 MV40	9 Pegasus R C
51 Tim Philliprs	52:05 MV40	10 Pontypridd AAC
52 Gwyn Lloyd	52:10 MV45	4 Pontypridd AAC
53 Ivor Cardwell	52:22 MS	35 U/A
54 James Delaney	52:27 MV45	5 San Domenico

55	Patrick Slavin	52:29	MV60	1	Bitton R R
56	John Carpanwi	52:39	MS	36	South Wales Constabulary
57	Ian Wade	52:50	MV40	11	Chepstow Harriers
58	Dave Rose	52:51	MS	37	Brackla Harriers
59	Gwyn Greenslade	53:02	MV45	6	U/A
60	Michael Davies	53:04	MV50	3	Miskin Manor
61	Mike Garrett	53:09	MV50	4	Bitton R R
62	Lucy Allen	53:10	WV35	1	U/A
63	Mark Dunscombe	53:32	MS	38	Merthyr R C
64	Andrew Davies	53:32	MS	39	Pontypridd AAC
65	C Gardner	53:47	WS	3	Les Croupiers
66	Paul Baker	53:51	MS	40	Pontypridd AAC
67	Paul Day	54:03	MV45	7	Newport Harriers
68	David Bright	54:04	MV45	8	Les Croupiers
69	Wendy Edwards	54:14	WV40	1	Cardiff A C
70	Kenneth Medcraft	54:41	MV50	5	Rhondda Valley Runners
71	James Richardson	54:59	MS	41	Bristol A C
72	Tony Mason	55:02	MV50	6	Bitton R R
73	David Perrett	55:12	MV40	12	U/A
74	Keith Treharne	55:16	MV55	1	Brackla Harriers
75	Michael Dix	55:19	MV45	9	U/A
76	Andrew Taylor	55:19	MV40	13	U/A
77	David Cole	55:27	MV40	14	U/A
78	Gareth Thomas	55:30	MV40	15	Miskin Manor
79	Tony Smart	55:31	MS	42	U/A
80	Judith Llewelyn	55:31	WV35	2	Chepstow Harriers
81	Angela Stratford	55:32	WS	4	Griffithstown Harriers
82	Dave Evans	55:39	MS	43	U/A
83	Syd Wheeler	55:57	MV60	2	Chepstow Harriers
84	Joanne Davies	56:04	WS	5	David Lloyd
85	Christian Williams	56:07	MS	44	U/A
86	Lyn Evans	56:13	MV50	7	Club 69
87	Kevin Crew	56:22	MV40	16	Aberdare Valley AAC
88	Leigh James	56:22	MV40	17	Rhondda Valley Runners
89	Robert Frampton	56:25	MV40	18	San Domenico
90	Rob Rustage	56:26	MS	45	U/A
91	Karl Bennett	56:42	MS	46	Rhymney Valley A C

92 Alun Roberts	56:44 MV40	19 U/A
93 Robert Taylor	56:46 MS	47 Penarth & Dinas Runners
94 Paul Hay	56:46 MV45	10 Miskin Manor
95 Ian Line	56:49 MS	48 Club 69
96 Sharon Donnelly	56:55 WS	6 Brackla Harriers
97 Andy Bray	57:01 MV40	20 Chepstow Harriers
98 Mervyn Cole	57:01 MV45	11 U/A
99 David Miles	57:10 MS	49 Brackla Harriers
100 Chris Cann	57:24 MV45	12 Rhondda Valley Runners
101 Tim Fanbert	57:26 MS	50 U/A
102 John Ward	57:31 MS	51 U/A
103 Clive Cox	57:42 MV45	13 U/A
104 Clive Rowland	57:58 MS	52 Club 69
105 Simon Machray	58:09 MS	53 U/A
106 Tony Jerratt	58:23 MS	54 David Lloyd
107 Nigel Jones	58:29 MV45	14 Griffithstown Harriers
108 Gavin Jones	58:32 MS	55 U/A
109 Garreth Davies	58:52 MV40	21 Aberdare Valley AAC
110 Ian McPherson	59:00 MV40	22 Headington Road Runners
111 Paul Ford	59:03 MS	56 Brackla Harriers
112 Karen Potter	59:04 WV35	3 Griffithstown Harriers
113 Glyn Hicks	59:08 MV50	8 Islwyn R C
114 Andrew Hughes	59:08 MS	57 U/A
115 Nicky West	59:09 WV35	4 Cardiff A C
116 Debbie Otley	59:12 WV40	2 Pontypridd Roadents
117 Neil Crosby	59:13 MS	58 Rhondda Valley Runners
118 Nigel Jenkins	59:15 MS	59 San Domenico
119 Rob Lynch	59:16 MV45	15 Brackla Harriers
120 Timothy Price	59:18 MS	60 U/A
121 Neil Selwyn	59:19 MS	61 U/A
122 Jeffrey Jarvis	59:24 MV60	3 Club 69
123 Richard Bowen	59:34 MV55	2 Griffithstown Harriers
124 Ray Ringrose	59:39 MS	62 U/A
125 Mel Bailey	59:45 MV50	9 San Domenico
126 Peter Marks	59:57 MV45	16 U/A
127 Peter Cottnan	60:02 MS	63 Penarth & Dinas Runners
128 Paul Clack	60:39 MS	64 Miskin Manor

129	Chris Gibson	60:45	MV45	17	U/A
130	Pete Waters	60:46	MV55	3	Road Runners Club
131	Richard Theo	60:47	MS	65	U/A
132	Michael Allen	60:48	MS	66	U/A
133	Malcolm Cox	60:56	MV50	10	Griffithstown Harriers
134	Sarah Deviey	60:57	WS	7	Bridgend A C
135	D Williams	61:01	WV40	3	Penarth & Dinas Runners
136	Steve Kilbourne	61:20	MS	67	U/A
137	Neil Hendry	61:21	MV45	18	Penarth & Dinas Runners
138	Phil Barrett	61:28	MV50	11	Aberdare Valley AAC
139	Richard Brown	61:30	MV50	12	Sheen Shufflers
140	C Cowburn	61:58	MS	68	U/A
141	Ann Louise Dennis	62:09	WV35	5	Headington Road Runners
142	Stephen Rees	62:19	MV50	13	Aberdare Valley AAC
143	Steve Roderick	62:20	MS	69	U/A
144	Jon Victory	62:41	MS	70	U/A
145	Ken Goodyer	62:42	MV45	19	Newport Harriers
146	Anita Howells	62:44	WV50	1	Aberdare Valley AAC
147	Juliet Davey	62:51	WV40	4	Brackla Harriers
148	Michael Evans	62:58	MV45	20	U/A
149	Anthony Johnson	63:10	MV60	4	Griffithstown Harriers
150	Neil Thomas	63:13	MS	71	Hengoed R R
151	Karen Martin	63:16	WV35	6	Penarth & Dinas Runners
152	Jacqui Vickery	63:19	WS	8	U/A
153	Jenny Buckland	63:39	WS	9	U/A
154	Cynthia Greenslade	63:46	WV45	1	U/A
155	Barry Dare	64:00	MV50	14	U/A
156	Chris Williams	64:01	MV40	23	Road Runners Club
157	Bernard Stevens	64:03	MV55	4	Merthyr R C
158	J D Morgan	64:03	MV45	21	Brackla Harriers
159	John Pascoe	64:16	MV60	5	Brackla Harriers
160	John Snook	64:45	MV50	15	Aberdare Valley AAC
161	Chris Potter	64:51	MS	72	U/A
162	David Carpenter	64:57	MV45	22	U/A
163	Graham Underdown	65:03	MV45	23	U/A
164	Marc Jones	65:08	MS	73	U/A
165	Vicky Morgan	65:09	WV35	7	U/A

166	Kim Howell	65:09	WV40	5	U/A
167	Martin Brown	65:13	MS	74	U/A
168	John Williams	65:32	MS	75	U/A
169	Kevin Gregory	65:35	MS	76	U/A
170	James Johnson	65:40	MV60	6	U/A
171	Jane Dakin	65:44	WS	10	Brackla Harriers
172	Ian Sullivan	65:47	MS	77	U/A
173	J Ghalamkary	65:49	MV40	24	U/A
174	Stan Weeks	65:51	MV60	7	U/A
175	Colin Rose	65:56	MV55	5	U/A
176	John Collins	65:57	MS	78	Cardiff Post Office
177	J C Rees	65:59	MV40	25	Pegasus R C
178	Helen Slaughter	66:04	WS	11	U/A
179	Alison Akes	66:10	WS	12	Newport Harriers
180	Cara Potter	66:14	WV35	8	U/A
181	Melanie Lott	66:17	WV40	6	Newport Harriers
182	Peter Clack	66:19	MV45	24	U/A
183	Allison Lynch	66:23	WV45	2	Brackla Harriers
184	Mike Collins	66:26	MV50	16	Fairwater Runners
185	Jane Collins	66:44	WV50	2	Fairwater Runners
186	Dennis Michael	66:59	MV45	25	South Wales Constabulary
187	Beth Morgan	66:59	WS	13	Univ of Bath
188	Mark Harris	67:55	MS	79	U/A
189	K Emmerson	68:09	WV50	3	Exeter Harriers
190	Dean Pippin	68:11	MS	80	U/A
191	Eryl Powell	68:29	WS	14	U/A
192	Tim Sullivan	68:37	MS	81	U/A
193	Jacqui Denning	68:53	WV35	9	U/A
194	Brian Mills	68:58	MV45	26	100 Marathon Club
195	S Collett	68:59	MV40	26	U/A
196	Dave Tapper	69:00	MV55	6	U/A
197	Neil Sellars	69:07	MV50	17	U/A
198	Ann Llewellyn	69:19	WV40	7	Pontypridd AAC
199	Sandra Stevens	69:28	WV50	4	Merthyr R C
200	Jane Watson	69:36	WV45	3	Great Western Runners
201	Janice Clements	69:40	WV40	8	Penarth & Dinas Runners
202	Angela Stone	70:04	WS	15	Penarth & Dinas Runners

203	Steven Downes	70:39	MS	82	U/A
204	Shirley Rose	71:22	WV35	10	Brackla Harriers
205	Chris Leonard	71:25	MV40	27	Cardiff Post Office
206	Sidney Reynolds	71:44	MV50	18	Rhondda Valley Runners
207	B Mainwaring	71:44	MS	83	Rhondda Valley Runners
208	Lisa Sullivan	71:53	WS	16	U/A
209	Andrea Mort	71:54	WS	17	U/A
210	Francis Pearson	71:54	WS	18	U/A
211	Dawn Fortune	72:19	WS	19	Miskin Manor
212	Helen Jones	72:19	WV35	11	Sarn Helen, Lampeter
213	Ruth Coombes	73:08	WV40	9	Taff Trailers
214	Carol Palmer	75:08	WV50	5	Newport Harriers
215	Anne Roberts	75:56	WV45	4	U/A
216	Rosemary Cole	76:13	WV45	5	U/A
217	Steve Gorvett	77:03	MV45	27	U/A
218	Catherine Confrey	77:45	WV40	10	U/A
219	Vinny Mott	77:48	WV35	12	U/A
220	Jane Chappelle	77:49	WV35	13	U/A
221	Tracey Huxley	78:33	WV35	14	U/A
222	Janet Westbury	78:34	WS	20	U/A
223	Jonathon Harris	78:36	MV45	28	U/A
224	Susan Elsemore	81:54	WV40	11	U/A
225	Hilary Goodyer	85:08	WV45	6	U/A
226	Lesley Line	88:11	WS	21	U/A

Top 3 within each Category

Entry No	Name	Cat	Position O/A	Cat	Time	Club
441	Mark Cooper	MS	1	1	41:44	Clevedon A C
469	Mark Jennings	MS	2	2	42:23	Fairwater Runners
431	Paul Collins	MS	3	3	43:14	Bromsgrove and Reddich
909	Philip Crane	MV40	5	1	44:03	Neath Harriers
911	Nicholas Frost	MV40	8	2	45:11	Rhondda Valley Runners

901	Nigel Clements	MV40	19	3	47:46	Penarth & Dinas Runners
965	Phil Miles	MV45	26	1	48:13	Club 69
846	Phil Meyer	MV45	34	2	49:59	Beddau A C
964	Toni Fidow	MV45	45	3	51:37	Risca R R
635	Jeff Russell	MV50	10	1	45:39	Club 69
629	Steve Corbett	MV50	49	2	51:50	Bitton R R
628	Michael Davies	MV50	60	3	53:04	Miskin Manor
622	Keith Treharne	MV55	74	1	55:16	Brackla Harriers
672	Richard Bowen	MV55	123	2	59:34	Griffithstown Harriers
671	Pete Waters	MV55	130	3	60:46	Road Runners Club
386	Patrick Slavin	MV60	55	1	52:29	Bitton R R
383	Syd Wheeler	MV60	83	2	55:57	Chepstow Harriers
385	Jeffrey Jarvis	MV60	122	3	59:24	Club 69
809	Ruth Pickvance	WS	9	1	45:26	Swansea Harriers
721	Rhiannon Teagle	WS	48	2	51:46	Abertillery Ach.
737	C Gardner	WS	65	3	53:47	Les Croupiers
806	Lucy Allen	WV35	62	1	53:10	U/A
813	Judith Llewelyn	WV35	80	2	55:31	Chepstow Harriers
802	Karen Potter	WV35	112	3	59:04	Griffithstown Harriers
828	Wendy Edwards	WV40	69	1	54:14	Cardiff A C
827	Debbie Otley	WV40	116	2	59:12	Pontypridd Roadents
836	D Williams	WV40	135	3	61:01	Penarth & Dinas Runners
851	Cynthia Greenslade	WV45	154	1	63:46	U/A
847	Allison Lynch	WV45	183	2	66:23	Brackla Harriers
848	Jane Watson	WV45	200	3	69:36	Great Western Runners
864	Anita Howells	WV50	146	1	62:44	Aberdare Valley AAC
866	Jane Collins	WV50	185	2	66:44	Fairwater Runners
865	K Emmerson	WV50	189	3	68:09	Exeter Harriers

Men's team results

Pos	Team	Pts	Pos	Name	Cat	Time
1	Club 69	73	10	Jeff Russell	MV50	45:39
			12	Simon Lewis	MS	45:54
			25	Anthony Deving	MS	48:07
			26	Phil Miles	MV45	48:13
2	Brackla Harriers	110	7	Alun Woods	MS	44:50
			29	Gerald Hunt	MS	48:48
			35	Carl Feiven	MS	50:05
			39	Robert Pearce	MS	50:33
3	Islwyn R C	165	14	Andrew ?	MS	46:44
			15	Dafydd Lambert	MS	46:50
			23	Gary Jones	MV40	47:54
			113	Glyn Hicks	MV50	59:08

Women's team results

Pos	Team	Pts	Pos	Name	Cat	Time
1	Brackla Harriers	414	96	Sharon Donnelly	WS	56:55
			147	Juliet Davey	WV40	62:51
			171	Jane Dakin	WS	65:44
2	Penarth & Dinas Runn	487	135	D Williams	WV40	61:01
			151	Karen Martin	WV35	63:16
			201	Janice Clements	WV40	69:40
3	Newport Harriers	574	179	Alison Akes	WS	66:10
			181	Melanie Lott	WV40	66:17
			214	Carol Palmer	WV50	75:08