



Lliswerry Runners

Newport's friendly running club.

2001 Results

Lliswerry 8 Mile Road Race - 28/01/2001

Pos	Name	Time	Cat	Pos	Club
1	Mark Cooper	41:44	MS	1	Clevedon A C
2	Mark Jennings	42:23	MS	2	Fairwater Runners
3	Paul Collins	43:14	MS	3	Bromsgrove and Reddich
4	Dave Kesterton	43:45	MS	4	Bromsgrove and Reddich
5	Philip Crane	44:03	MV40	1	Neath Harriers
6	Mike Evans	44:32	MS	5	T.R.O.T.S.
7	Alun Woods	44:50	MS	6	Brackla Harriers
8	Nicholas Frost	45:11	MV40	2	Rhondda Valley Runners
9	Ruth Pickvance	45:26	WS	1	Swansea Harriers
10	Jeff Russell	45:39	MV50	1	Club 69
11	Keith Davis	45:43	MS	7	Les Croupiers
12	Simon Lewis	45:54	MS	8	Club 69
13	I Jones	46:08	MS	9	Cardiff Triathletes
14	Andrew ?	46:44	MS	10	Islwyn R C
15	Dafydd Lambert	46:50	MS	11	Islwyn R C
16	Chris Meyer	47:17	MS	12	Beddau A C
17	Peter Collins	47:32	MS	13	Fairwater Runners

18 Keith Tannetta	47:39 MS	14 Cardiff Triathletes
19 Nigel Clements	47:46 MV40	3 Penarth & Dinas Runners
20 Richard Hughes	47:48 MS	15 U/A
21 Paul Hill	47:49 MS	16 Pegasus R C
22 Howard Mason	47:49 MS	17 U/A
23 Gary Jones	47:54 MV40	4 Islwyn R C
24 John Pedder Roberts	48:02 MS	18 Risca R R
25 Anthony Deving	48:07 MS	19 Club 69
26 Phil Miles	48:13 MV45	1 Club 69
27 Peter Walters	48:20 MV40	5 U/A
28 Steve Hooper	48:28 MS	20 Pontypridd AAC
29 Gerald Hunt	48:48 MS	21 Brackla Harriers
30 John Huggins	49:31 MV40	6 Les Croupiers
31 Craig Fowler	49:38 MS	22 Pontypridd Roadents
32 L Malarz	49:40 MS	23 Chepstow Harriers
33 Phil Adams	49:47 MS	24 100km Association
34 Phil Meyer	49:59 MV45	2 Beddau A C
35 Carl Feiven	50:05 MS	25 Brackla Harriers
36 Karl Jeffreys	50:07 MS	26 San Domenico
37 Mark Eager	50:26 MS	27 Fontygary Tri Club
38 Paolo Basini	50:31 MS	28 U/A
39 Robert Pearce	50:33 MS	29 Brackla Harriers
40 Mark Jones	50:34 MS	30 Pontypridd AAC
41 Richard Boon	50:46 MV40	7 Miskin Manor
42 Peter Rodger	50:56 MV40	8 Griffithstown Harriers
43 Andrew Spencer	51:17 MS	31 Griffithstown Harriers
44 Daran Hendley	51:27 MS	32 Penarth & Dinas Runners
45 Toni Fidow	51:37 MV45	3 Risca R R
46 Barry Morgan	51:40 MS	33 Fairwater Runners
47 Paul Chard	51:45 MS	34 Cardiff A C
48 Rhiannon Teagle	51:46 WS	2 Abertillery Ach.
49 Steve Corbett	51:50 MV50	2 Bitton R R
50 David Cogan	51:56 MV40	9 Pegasus R C
51 Tim Philliprs	52:05 MV40	10 Pontypridd AAC
52 Gwyn Lloyd	52:10 MV45	4 Pontypridd AAC
53 Ivor Cardwell	52:22 MS	35 U/A
54 James Delaney	52:27 MV45	5 San Domenico

55 Patrick Slavin	52:29 MV60	1 Bitton R R
56 John Carpanwi	52:39 MS	36 South Wales Constabulary
57 Ian Wade	52:50 MV40	11 Chepstow Harriers
58 Dave Rose	52:51 MS	37 Brackla Harriers
59 Gwyn Greenslade	53:02 MV45	6 U/A
60 Michael Davies	53:04 MV50	3 Miskin Manor
61 Mike Garrett	53:09 MV50	4 Bitton R R
62 Lucy Allen	53:10 WV35	1 U/A
63 Mark Dunscombe	53:32 MS	38 Merthyr R C
64 Andrew Davies	53:32 MS	39 Pontypridd AAC
65 C Gardner	53:47 WS	3 Les Croupiers
66 Paul Baker	53:51 MS	40 Pontypridd AAC
67 Paul Day	54:03 MV45	7 Newport Harriers
68 David Bright	54:04 MV45	8 Les Croupiers
69 Wendy Edwards	54:14 WV40	1 Cardiff A C
70 Kenneth Medcraft	54:41 MV50	5 Rhondda Valley Runners
71 James Richardson	54:59 MS	41 Bristol A C
72 Tony Mason	55:02 MV50	6 Bitton R R
73 David Perrett	55:12 MV40	12 U/A
74 Keith Treharne	55:16 MV55	1 Brackla Harriers
75 Michael Dix	55:19 MV45	9 U/A
76 Andrew Taylor	55:19 MV40	13 U/A
77 David Cole	55:27 MV40	14 U/A
78 Gareth Thomas	55:30 MV40	15 Miskin Manor
79 Tony Smart	55:31 MS	42 U/A
80 Judith Llewelyn	55:31 WV35	2 Chepstow Harriers
81 Angela Stratford	55:32 WS	4 Griffithstown Harriers
82 Dave Evans	55:39 MS	43 U/A
83 Syd Wheeler	55:57 MV60	2 Chepstow Harriers
84 Joanne Davies	56:04 WS	5 David Lloyd
85 Christian Williams	56:07 MS	44 U/A
86 Lyn Evans	56:13 MV50	7 Club 69
87 Kevin Crew	56:22 MV40	16 Aberdare Valley AAC
88 Leigh James	56:22 MV40	17 Rhondda Valley Runners
89 Robert Frampton	56:25 MV40	18 San Domenico
90 Rob Rustage	56:26 MS	45 U/A
91 Karl Bennett	56:42 MS	46 Rhymney Valley A C

92	Alun Roberts	56:44	MV40	19	U/A
93	Robert Taylor	56:46	MS	47	Penarth & Dinas Runners
94	Paul Hay	56:46	MV45	10	Miskin Manor
95	Ian Line	56:49	MS	48	Club 69
96	Sharon Donnelly	56:55	WS	6	Brackla Harriers
97	Andy Bray	57:01	MV40	20	Chepstow Harriers
98	Mervyn Cole	57:01	MV45	11	U/A
99	David Miles	57:10	MS	49	Brackla Harriers
100	Chris Cann	57:24	MV45	12	Rhondda Valley Runners
101	Tim Fanbert	57:26	MS	50	U/A
102	John Ward	57:31	MS	51	U/A
103	Clive Cox	57:42	MV45	13	U/A
104	Clive Rowland	57:58	MS	52	Club 69
105	Simon Machray	58:09	MS	53	U/A
106	Tony Jerratt	58:23	MS	54	David Lloyd
107	Nigel Jones	58:29	MV45	14	Griffithstown Harriers
108	Gavin Jones	58:32	MS	55	U/A
109	Garreth Davies	58:52	MV40	21	Aberdare Valley AAC
110	Ian McPherson	59:00	MV40	22	Headington Road Runners
111	Paul Ford	59:03	MS	56	Brackla Harriers
112	Karen Potter	59:04	WV35	3	Griffithstown Harriers
113	Glyn Hicks	59:08	MV50	8	Islwyn R C
114	Andrew Hughes	59:08	MS	57	U/A
115	Nicky West	59:09	WV35	4	Cardiff A C
116	Debbie Otley	59:12	WV40	2	Pontypridd Roadents
117	Neil Crosby	59:13	MS	58	Rhondda Valley Runners
118	Nigel Jenkins	59:15	MS	59	San Domenico
119	Rob Lynch	59:16	MV45	15	Brackla Harriers
120	Timothy Price	59:18	MS	60	U/A
121	Neil Selwyn	59:19	MS	61	U/A
122	Jeffrey Jarvis	59:24	MV60	3	Club 69
123	Richard Bowen	59:34	MV55	2	Griffithstown Harriers
124	Ray Ringrose	59:39	MS	62	U/A
125	Mel Bailey	59:45	MV50	9	San Domenico
126	Peter Marks	59:57	MV45	16	U/A
127	Peter Cottnan	60:02	MS	63	Penarth & Dinas Runners
128	Paul Clack	60:39	MS	64	Miskin Manor

129	Chris Gibson	60:45	MV45	17	U/A
130	Pete Waters	60:46	MV55	3	Road Runners Club
131	Richard Theo	60:47	MS	65	U/A
132	Michael Allen	60:48	MS	66	U/A
133	Malcolm Cox	60:56	MV50	10	Griffithstown Harriers
134	Sarah Deviey	60:57	WS	7	Bridgend A C
135	D Williams	61:01	WV40	3	Penarth & Dinas Runners
136	Steve Kilbourne	61:20	MS	67	U/A
137	Neil Hendry	61:21	MV45	18	Penarth & Dinas Runners
138	Phil Barrett	61:28	MV50	11	Aberdare Valley AAC
139	Richard Brown	61:30	MV50	12	Sheen Shufflers
140	C Cowburn	61:58	MS	68	U/A
141	Ann Louise Dennis	62:09	WV35	5	Headington Road Runners
142	Stephen Rees	62:19	MV50	13	Aberdare Valley AAC
143	Steve Roderick	62:20	MS	69	U/A
144	Jon Victory	62:41	MS	70	U/A
145	Ken Goodyer	62:42	MV45	19	Newport Harriers
146	Anita Howells	62:44	WV50	1	Aberdare Valley AAC
147	Juliet Davey	62:51	WV40	4	Brackla Harriers
148	Michael Evans	62:58	MV45	20	U/A
149	Anthony Johnson	63:10	MV60	4	Griffithstown Harriers
150	Neil Thomas	63:13	MS	71	Hengoed R R
151	Karen Martin	63:16	WV35	6	Penarth & Dinas Runners
152	Jacqui Vickery	63:19	WS	8	U/A
153	Jenny Buckland	63:39	WS	9	U/A
154	Cynthia Greenslade	63:46	WV45	1	U/A
155	Barry Dare	64:00	MV50	14	U/A
156	Chris Williams	64:01	MV40	23	Road Runners Club
157	Bernard Stevens	64:03	MV55	4	Merthyr R C
158	J D Morgan	64:03	MV45	21	Brackla Harriers
159	John Pascoe	64:16	MV60	5	Brackla Harriers
160	John Snook	64:45	MV50	15	Aberdare Valley AAC
161	Chris Potter	64:51	MS	72	U/A
162	David Carpenter	64:57	MV45	22	U/A
163	Graham Underdown	65:03	MV45	23	U/A
164	Marc Jones	65:08	MS	73	U/A
165	Vicky Morgan	65:09	WV35	7	U/A

166	Kim Howell	65:09	WV40	5	U/A
167	Martin Brown	65:13	MS	74	U/A
168	John Williams	65:32	MS	75	U/A
169	Kevin Gregory	65:35	MS	76	U/A
170	James Johnson	65:40	MV60	6	U/A
171	Jane Dakin	65:44	WS	10	Brackla Harriers
172	Ian Sullivan	65:47	MS	77	U/A
173	J Ghalamkary	65:49	MV40	24	U/A
174	Stan Weeks	65:51	MV60	7	U/A
175	Colin Rose	65:56	MV55	5	U/A
176	John Collins	65:57	MS	78	Cardiff Post Office
177	J C Rees	65:59	MV40	25	Pegasus R C
178	Helen Slaughter	66:04	WS	11	U/A
179	Alison Akes	66:10	WS	12	Newport Harriers
180	Cara Potter	66:14	WV35	8	U/A
181	Melanie Lott	66:17	WV40	6	Newport Harriers
182	Peter Clack	66:19	MV45	24	U/A
183	Allison Lynch	66:23	WV45	2	Brackla Harriers
184	Mike Collins	66:26	MV50	16	Fairwater Runners
185	Jane Collins	66:44	WV50	2	Fairwater Runners
186	Dennis Michael	66:59	MV45	25	South Wales Constabulary
187	Beth Morgan	66:59	WS	13	Univ of Bath
188	Mark Harris	67:55	MS	79	U/A
189	K Emmerson	68:09	WV50	3	Exeter Harriers
190	Dean Pippin	68:11	MS	80	U/A
191	Eryl Powell	68:29	WS	14	U/A
192	Tim Sullivan	68:37	MS	81	U/A
193	Jacqui Denning	68:53	WV35	9	U/A
194	Brian Mills	68:58	MV45	26	100 Marathon Club
195	S Collett	68:59	MV40	26	U/A
196	Dave Tapper	69:00	MV55	6	U/A
197	Neil Sellars	69:07	MV50	17	U/A
198	Ann Llewellyn	69:19	WV40	7	Pontypridd AAC
199	Sandra Stevens	69:28	WV50	4	Merthyr R C
200	Jane Watson	69:36	WV45	3	Great Western Runners
201	Janice Clements	69:40	WV40	8	Penarth & Dinas Runners
202	Angela Stone	70:04	WS	15	Penarth & Dinas Runners

203	Steven Downes	70:39	MS	82	U/A
204	Shirley Rose	71:22	WV35	10	Brackla Harriers
205	Chris Leonard	71:25	MV40	27	Cardiff Post Office
206	Sidney Reynolds	71:44	MV50	18	Rhondda Valley Runners
207	B Mainwaring	71:44	MS	83	Rhondda Valley Runners
208	Lisa Sullivan	71:53	WS	16	U/A
209	Andrea Mort	71:54	WS	17	U/A
210	Francis Pearson	71:54	WS	18	U/A
211	Dawn Fortune	72:19	WS	19	Miskin Manor
212	Helen Jones	72:19	WV35	11	Sarn Helen, Lampeter
213	Ruth Coombes	73:08	WV40	9	Taff Trailers
214	Carol Palmer	75:08	WV50	5	Newport Harriers
215	Anne Roberts	75:56	WV45	4	U/A
216	Rosemary Cole	76:13	WV45	5	U/A
217	Steve Gorvett	77:03	MV45	27	U/A
218	Catherine Confrey	77:45	WV40	10	U/A
219	Vinny Mott	77:48	WV35	12	U/A
220	Jane Chappelle	77:49	WV35	13	U/A
221	Tracey Huxley	78:33	WV35	14	U/A
222	Janet Westbury	78:34	WS	20	U/A
223	Jonathon Harris	78:36	MV45	28	U/A
224	Susan Elsemore	81:54	WV40	11	U/A
225	Hilary Goodyer	85:08	WV45	6	U/A
226	Lesley Line	88:11	WS	21	U/A

Top 3 within each Category

Entry No	Name	Cat	Position O/A	Cat	Time	Club
441	Mark Cooper	MS	1	1	41:44	Clevedon A C
469	Mark Jennings	MS	2	2	42:23	Fairwater Runners
431	Paul Collins	MS	3	3	43:14	Bromsgrove and Reddich
909	Philip Crane	MV40	5	1	44:03	Neath Harriers
911	Nicholas Frost	MV40	8	2	45:11	Rhondda Valley Runners

901	Nigel Clements	MV40	19	3	47:46	Penarth & Dinas Runners
965	Phil Miles	MV45	26	1	48:13	Club 69
846	Phil Meyer	MV45	34	2	49:59	Beddau A C
964	Toni Fidow	MV45	45	3	51:37	Risca R R
635	Jeff Russell	MV50	10	1	45:39	Club 69
629	Steve Corbett	MV50	49	2	51:50	Bitton R R
628	Michael Davies	MV50	60	3	53:04	Miskin Manor
622	Keith Treharne	MV55	74	1	55:16	Brackla Harriers
672	Richard Bowen	MV55	123	2	59:34	Griffithstown Harriers
671	Pete Waters	MV55	130	3	60:46	Road Runners Club
386	Patrick Slavin	MV60	55	1	52:29	Bitton R R
383	Syd Wheeler	MV60	83	2	55:57	Chepstow Harriers
385	Jeffrey Jarvis	MV60	122	3	59:24	Club 69
809	Ruth Pickvance	WS	9	1	45:26	Swansea Harriers
721	Rhiannon Teagle	WS	48	2	51:46	Abertillery Ach.
737	C Gardner	WS	65	3	53:47	Les Croupiers
806	Lucy Allen	WV35	62	1	53:10	U/A
813	Judith Llewelyn	WV35	80	2	55:31	Chepstow Harriers
802	Karen Potter	WV35	112	3	59:04	Griffithstown Harriers
828	Wendy Edwards	WV40	69	1	54:14	Cardiff A C
827	Debbie Otley	WV40	116	2	59:12	Pontypridd Roadents
836	D Williams	WV40	135	3	61:01	Penarth & Dinas Runners
851	Cynthia Greenslade	WV45	154	1	63:46	U/A
847	Allison Lynch	WV45	183	2	66:23	Brackla Harriers
848	Jane Watson	WV45	200	3	69:36	Great Western Runners
864	Anita Howells	WV50	146	1	62:44	Aberdare Valley AAC
866	Jane Collins	WV50	185	2	66:44	Fairwater Runners
865	K Emmerson	WV50	189	3	68:09	Exeter Harriers

Men's team results

Pos	Team	Pts	Pos	Name	Cat	Time
1	Club 69	73	10	Jeff Russell	MV50	45:39
			12	Simon Lewis	MS	45:54
			25	Anthony Deving	MS	48:07
			26	Phil Miles	MV45	48:13
2	Brackla Harriers	110	7	Alun Woods	MS	44:50
			29	Gerald Hunt	MS	48:48
			35	Carl Feiven	MS	50:05
			39	Robert Pearce	MS	50:33
3	Islwyn R C	165	14	Andrew ?	MS	46:44
			15	Dafydd Lambert	MS	46:50
			23	Gary Jones	MV40	47:54
			113	Glyn Hicks	MV50	59:08

Women's team results

Pos	Team	Pts	Pos	Name	Cat	Time
1	Brackla Harriers	414	96	Sharon Donnelly	WS	56:55
			147	Juliet Davey	WV40	62:51
			171	Jane Dakin	WS	65:44
2	Penarth & Dinas Runn	487	135	D Williams	WV40	61:01
			151	Karen Martin	WV35	63:16
			201	Janice Clements	WV40	69:40
3	Newport Harriers	574	179	Alison Akes	WS	66:10
			181	Melanie Lott	WV40	66:17
			214	Carol Palmer	WV50	75:08